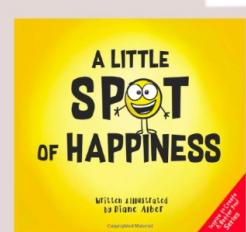
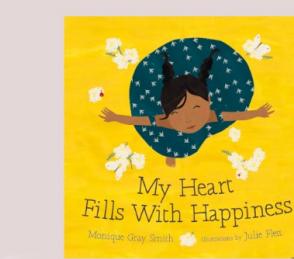
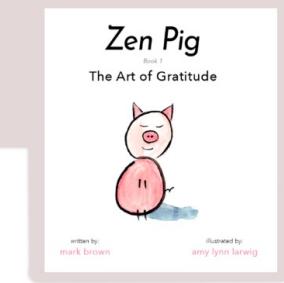
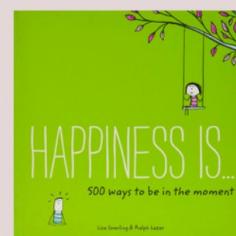
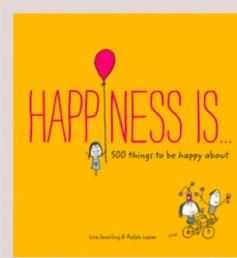
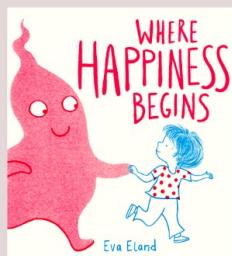
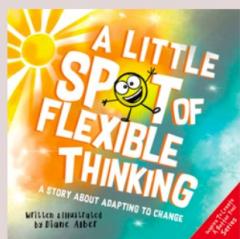
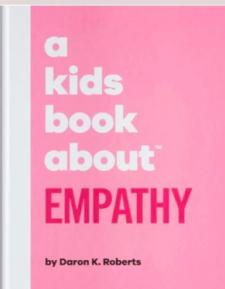
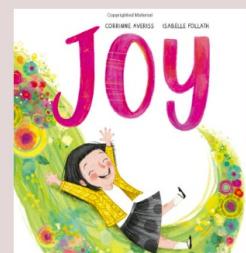
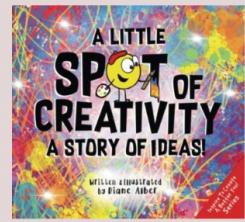
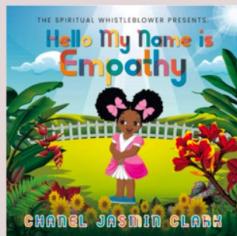
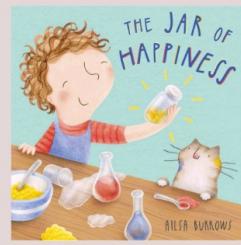
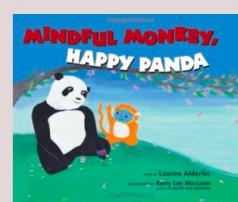
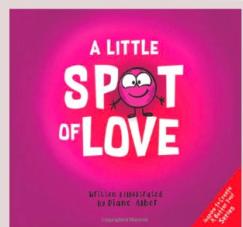
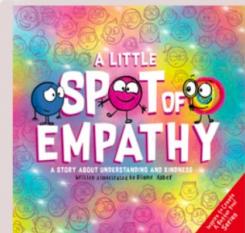
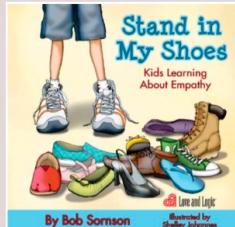


Feelings Associated With The Social Engagement Pathway

Elementary Text Set

Social Engagement

The Ventral Vagal Pathway that supports connection & social engagement when conditions of environmental & relational safety exist



Reflection:

How can you use these books to introduce, model, & talk about autonomic nervous system states, feelings, sensations, thoughts, behaviors, stressors, triggers, anchors, coping/resilience strategies, & non-verbal body language?



"If you want to improve the world, start by making people feel safer."

Dr. Stephen Porges

**SUPPORTABLE
Solutions™**

