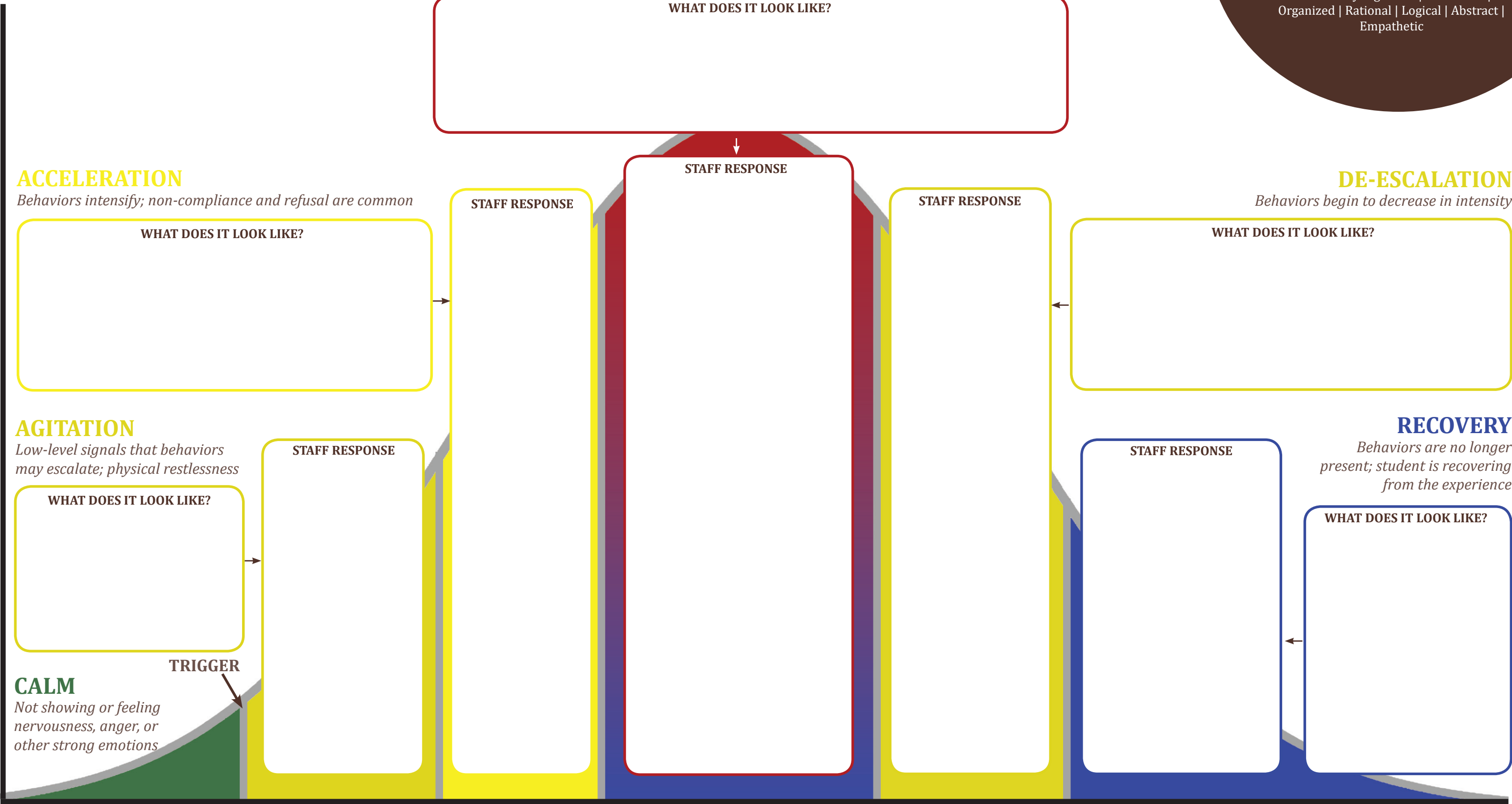


Cycle of Escalation | STAFF RESPONSE PLAN

STUDENT: _____

BEHAVIOR INTENSITY



PEAK

The student is reacting from the feelings portion of the brain; loss of rationale thinking occurs; survival is the main focus; student may be a danger to themselves or others

WHAT DOES IT LOOK LIKE?

STAFF RESPONSE

ACCELERATION

Behaviors intensify; non-compliance and refusal are common

WHAT DOES IT LOOK LIKE?

STAFF RESPONSE

AGITATION

Low-level signals that behaviors may escalate; physical restlessness

WHAT DOES IT LOOK LIKE?

STAFF RESPONSE

CALM

Not showing or feeling nervousness, anger, or other strong emotions

TRIGGER

DE-ESCALATION

Behaviors begin to decrease in intensity

WHAT DOES IT LOOK LIKE?

STAFF RESPONSE

RECOVERY

Behaviors are no longer present; student is recovering from the experience

WHAT DOES IT LOOK LIKE?

STAFF RESPONSE

BASELINE

Downstairs Brain
Survival focused | Feelings-driven | Fight/Flight/Freeze | Illogical | Concrete

Upstairs Brain
Emotionally regulated | Controlled | Organized | Rational | Logical | Abstract | Empathetic