Circles of Comfort

1. What are you more mindful of after this lesson?

2. How did you feel as you learned about anxiety?

3. Did anything surprise you?

4. What did you realize that you didn't realize before?

Connie Persike, M.S. CCC/SLP | **Educational and Behavioral Consultant** | **Speech & Language Pathologist**
CP Consulting | *2623 Dublin Avenue, Waunakee, WI* | 608-333-4464 | *info@cpconsulting.com*