

**Book Intro:** Many times as a class we read books together, and we do some really intense thinking work. We try our strategies to think more deeply and do all sorts of mind work! Today we are going to continue reading together in a somewhat different way! We are going to be aware of our Heart work. This kind of reading invites us to read and be alert to who we are! We can reflect on: (show chart). As we read today, let's use our lives, backgrounds, and experiences to help us understand and react to the story! This book is a fiction book about a boy who wants to share his family tradition with his friends!

**Before Reading:** Let's think about what we've learned might be the reasons food can sometimes be connected to our identity! (show chart from Friday). This is really a window for me. It shows me something new and makes me think about new ways of life! Let's think about some heart work before we start. When you think about these ways food can be a part of our identity, are these mirrors or windows for you?  
(two sides of the room) Windows/Mirrors.

Let's read and think about how this might be like us or how this might be a new experience for us to learn from!

#### End of Page 4: During Reading

Wow, I can really see in his face this is a special moment for Bilal. He looks so happy just thinking about daal. I am predicting this is one both a big tradition for him and a special moment he has with his family. Look at his friends' faces. What are you noticing. Turn and predict what they are thinking.

Partner A: Say what you think the friends are thinking. Be the character

Partner B: Tell why you think that

#### End of Page 8: During Reading

Oh boy. I think this is really different for Bilal's friends. It seems like they are learning about a new way of life. It's not like their life so it makes them nervous. So, I wonder what they are thinking.

Stop and think: What might the friends be thinking? What might Bilal be thinking right now?

Turn and Talk: I think.... I wonder...

#### During reading: Page 20

This is really different from my life as a child! It's harder for me to understand how food can be so important in a family. My mom was the only adult in my family raising 4 girls! She was so busy we didn't spend a lot of time cooking. It's important for me to know that my identity makes it harder for me to understand Bilal's identity. I might need to work harder to really think about what I can learn!

#### End of book: (After the Author's Note)

Let's think about what we've learned about the character? What about food and his identity?

About the author?

About ourselves?

Why do we think the author might have written this book?

Turn and Talk

whole class conversation

